

Physical factors

Yes No N/A

Do you have a problem with noise in your workplace? (noise level is too high, continuous or nuisance noise, impact noise)

Do your employees have to work with tools that vibrate, exposing them to conditions such as hand–arm or whole-body vibration?

Is the temperature in your workplace unsuitable for employees and the work they do? (too low or too high, hot or cold surfaces, draughts)

Are humidity levels in your workplace bad?

Do you have lighting problems? (too bright or too dim, dazzle, glare, not enough spotlighting)

Do any of your employees work with radiation, for example ionising radiation, UV radiation, infrared radiation, electromagnetic fields, microwaves?

Other

Accident hazards

Yes No N/A

Are any of your employees exposed to falls from heights or into holes in the ground?

Are any employees exposed to slips or trip hazards?

Are any employees exposed to falling objects or collapsing structures?

Could your employees be trapped/crushed by, or get entangled in, machinery?

Could your employees be hit by an object, step on an object or collide with an object that could injure them?

Are any of your employees likely to get cuts, abrasions, puncture wounds or burns?

Are any of your employees likely to get an electric shock?

Other

Musculoskeletal disorders

Yes No N/A

Do any of your employees lift heavy objects or do other things that require a significant use of strength?

Do any of your employees do tasks that require them to stoop, or to turn or twist their backs?

Do any of your employees work on their knees or have to squat?

Do any of your employees do jobs where they have to bend or turn their necks?

Do any of your employees have to turn, bend or carry out repetitive movements, or raise their hands and arms?

Do any of your employees have to sit continuously or not have enough breaks?

Other

Chemical and biological factors

Yes No N/A

Do your employees work with substances that are hazardous to health, for example carcinogens, allergens?

Are any of your employees exposed to airborne contaminants, such as dust, fibres, smoke, fumes, gases and vapours?

Do your employees work with inflammable and explosive substances?

Do your employees work with infectious agents or moulds?

Do your employees handle, store, use or dispose of chemicals?

Other

Work-related stress

Yes No N/A

Do any of your employees find their work too demanding, or not demanding enough?

Does your work environment have a bad atmosphere, and are there any cases of bullying or harassment?

Do any of your employees work alone?

Do any of your employees have to work at a forced pace, or where they don't have enough control over workflow?

Do any of your employees have workloads that are too heavy?

Do any of your employees feel that they are insecure in their jobs?

Are any of your employees under the threat of violence?

Do any of your employees have to deal with environmental stressors, such as humidity, noise and so on?

Other

Behaviour of employees

Yes No N/A

Do any of your employees fail to use (or properly use) personal protective equipment?

Do any of your employees do things that are unsafe or take unnecessary risks (intentional or unintentional)?

Are your employees unclear about what to do in emergency situations?

Does your business have to deal with vandalism?

Other